

COVID PROTOCOL

Exposure:

There is no isolation required for exposure to a positive case.

It is recommended that you be aware of the symptoms and isolate if they are present.

If you are exposed to a positive case and symptoms show it is very likely you have contracted COVID.

Common symptoms are stuffiness, fever, tired, achy, coughing, and stomach issues.

Many times the first symptom to show is what many consider a head cold. (Stuffiness in head/nose)

Positive Case:

Isolation is required until the person is free of fever for 24 hours and all symptoms are improving.

If the fever is gone and other symptoms are not improving remain in isolation.

If your cough is not improving you could still be contagious.